



PE Curriculum Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Yoga 1 (including crossing the mid line)	Dance 1 (linked to festivals)	Yoga 2	Dance 2 (balance)	Ball skills (catching/throwing)	Athletics 1
Reception	Dance 1 Harvest theme	Dance 2 Nativity performance Winter theme.	Moving 1 Different ways to move	Moving 2 Taking weight on different parts of the body	Games 1.1 Ball Skills	Games 1.2 Carousel of skill
Year 1	Gymnastics- Pathways-small and long Fundamental Movement Skills 1	Dance Animals Locomotion 2	Invasion Game Skills 1 Yoga Storybook	Gymnastics-Wide, narrow & curved rolling and balancing Target Games 2	Net & Wall Game Skills 1 Athletics 2	Dance-Pirates Net & Wall Game Skills 2
Year 2	Fundamental Movement Skills 2 Gymnastics- Pathways-straight, zigzag & curving	Fundamental Movement Skills 3 Dance Fire of London	Target Games 3 Gymnastics- Stretching, curling & arching	Striking & Field Games Gymnastics- Spinning, turning & twisting	Athletics 2 Net & Wall Game Skills 2	Invasion Games Skills Tri Golf
Year 3	Swimming	Swimming	swimming	Handball Tag Rugby	Athletics 3 Tennis	Dance - Space Rounders
Year 4	Gymnastic- Arching and Bridges Netball	Dance-Dance Around the World Dodgeball	Invasion Games Skills Hockey	Health Related Fitness Handball	Cricket Athletics 4	OAA Tennis



Year 5	Handball Gymnastic- Synchronising & canon	Hockey Netball	Football Dance-Dance through the ages	OAA Gymnastic- Matching, mirroring & contrast	Tennis Cricket	Athletics 5 Rounders
Year 6	Gymnastic- Counter- balance & counter tension Tag Rugby	Gymnastic- flight Lacrosse	Dance- The Haka Handball	Invasion Games Skills Health Related Fitness	Cricket Tennis	Ultimate Frisbee Team building and Problem solving